

Cool Runnings

25 January 2018

Upcoming Races & Events

28 January 2018

PDAC 25 km
Watercrest Mall
Host: PDAC

29 January 2018

Zeroes to Heroes begins
We approx 9 need helpers, so please let myself, Liesel or Hein know if you can assist.

4 February 2018

DG Panel and Paint Challenge 32km / 16km
Barnes Road Rugby Ground
Host: Sydenham

11 February 2018

Hillcrest Marathon 42km / 21km
Hillcrest
Host: Hillcrest Villagers AC

Results

Ronnie Davel 16 km

Cliff Robbertze	2 nd Man 50 to 59	74:55
Kylie Griffin	2 nd Lady 50 to 59	90:57

Kearsney 21km

Jonathon Edwards	2 nd Man 40 to 59	1:21:21
Andy Daly	1 st Man 60 plus	1:34:37

Kearsney 10km

Alison Uys	2 nd Lady Home	48:31
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Ladies League Fixtures 2018

Please note that some of the dates have changed!!

Please diarise the following dates for 2018, we need ALL our ladies to help us regain the ladies league title. The ladies league points are allocated according to times and numbers of participants in ratio to the number of total ladies the club has as members.

Liesel and I have some awesome incentives and prizes for all participants, so make sure you are in the running.

- L1 CHILTERN AC THURSDAY 15TH FEBRUARY 6PM
- L2 FOREST AC WEDNESDAY 14TH MARCH 6PM
- L3 WESTVILLE AC TUESDAY 24TH APRIL 6PM
- L4 QUEENSBURGH HARRIERS AC WEDNESDAY 23RD MAY 6.15PM
- L5 HILLCREST VILLAGERS AC THURSDAY 16TH AUGUST 6PM
- L6 PINETOWN & DISTRICTS AC THURSDAY 6TH SEPTEMBER 6PM
- L7 HIGHWAY AC THURSDAY 11TH OCTOBER 6PM
- L8 KEARSNEY STRIDERS AC TUESDAY 6TH NOVEMBER 6PM

Mixed League Fixtures 2018

There will be a junior league for under 18 boys and girls this year, so we need a team of 4 boys and 4 girls to take part in the league races.

- L1 QUEENSBURGH HARRIERS AC WEDNESDAY 24TH JANUARY 6:15PM
- L2 SAVAGES AC THURSDAY 22NDFEBRUARY 6PM
- L3 CHILTERN AC THURSDAY 08TH MARCH 6PM
- L4 DHS OLD BOYS AC WEDNESDAY 18TH APRIL 6PM
- L5 HILLCREST VILLAGERS AC THURSDAY 28TH JUNE 6PM
- L6 STELLA AC THURSDAY 26TH JULY 6PM
- L7 WESTVILLE AC TUESDAY 21ST AUGUST 6PM
- L8 SYDENHAM AC THURSDAY 20TH SEPTEMBER 6PM
- L9 PINETOWN & DISTRICTS AC THURSDAY 25TH OCTOBER 6PM
- L10 GET FIT AC TUESDAY 15TH NOVEMBER 6PM

January Birthdays



Name	Day
Graham Buck	1
Shirley Adlington	8
Denise Monda	10
Hopewell Hlabe	10
Gill Tregenna	11
Anver Moolla	11
Hylton Millar	12
Jean-Pierre Chelin	13
Nozipho Luthuli	15
Bonke Dumisa	16
Michael Martin	17
Janine Mazery	17
Greg Wicht	17
Daryl Hefer	17

Name	Day
Andrew Quinlan	18
Sue Smith	20
Shaun Wood	20
Dave Rogers	20
Shaun Reid	23
Dave Cochrane	25
Jacques De Villiers	26
Nomvula Sikhakhane	26
Andy Patterson	27
Hein De Klerk	28
Sharon Schubach	29
Ryan Mitchell	29
Paul de Winnaar	31
Yvonne Grant	31

New Members 2018

The following members have joined the club for 2018:

- Vernon Anley
- Charde Barnard
- Mduduzi Mhlongo
- Chris Salmon
- Claire Alderdice
- Lloyd Reeders
- Hlengiwe Mvelase
- Donna-Lee Johnson
- Lauren Ward
- Robbie Veress
- Alison-Jayne Logan
- Sadie Campbell
- Herveline Tindall
- Thendokwakhe Sibiya
- Sindisiwe Sibiya
- Charles Drummond
- Astrid Fenton
- Kirsten McGregor
- Tessa Burnard

OMTOM Substitutions are open

The Substitution Entry window is currently open (and will be until 5pm on 28 February 2018). If you missed out on an OMTOM Ultra Marathon or Trail Run entry, or weren't selected in the Half Marathon ballot, this is the only official way to take over a withdrawing runner's entry.

To streamline the process and eliminate fraudulent activity, all monetary transactions will be facilitated via Webtickets, the OMTOM's official payment partner.

For official process and rules go to:

<http://www.twooceansmarathon.org.za/enter/entry-changes>

On the Lighter Side

Did you hear about the mathematician

Who is afraid of negative numbers?

He will stop at nothing to avoid them



What sits at the bottom of the sea and twitches?

A nervous wreck

2018 Committee

Portfolio	Name	Cell Number	E-Mail Address
Chairperson	Kylie Griffin	082 563 0574	director@kzneia.co.za
Vice Chairperson			
Secretary and Registrations	Sharon Schubach	082 414 1783	itonridge@gmail.com
Treasurer	Katharine Atkinson	083 797 9711	Katharineatkinson15@gmail.com
Men's Road Captain	Hein de Klerk	082 335 8760	heindeklerk@vodamail.co.za
Ladies Road Captain	Liesel Israel Keiran Ward	084 445 0112 083 445 4672	liesel.israel@gmail.com keiran.ward@unitrans.co.za
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Andrew Burnard
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