

# Cool Runnings

09 January 2018

## Upcoming Races and Events:

### 14 January 2017

Ronnie Davel  
Laddsworth School  
16km

*This is the 40<sup>th</sup> anniversary of this race. Westville have one the participation award the last 2 years, let's support this amazing run and win it again*

### 21 January 2017

Kearsney  
Kearsney College  
21 / 10 km

### 24 January 2017

Mixed League  
Queensburgh

### 28 January 2017

PDAC  
25 km

**WELCOME TO  
2018!**

**Saturday 20<sup>th</sup> January 2018 – 10h00 to 14h00 is Membership/License  
Renewal Day at the Club.**

**(First 100 to register and pay receive a free wors roll)**

## Ladies League Fixtures 2018

**Please note that some of the dates have changed!!**

Please diarise the following dates for 2018, we need ALL our ladies to help us regain the ladies league title.

The ladies league points are allocated according to times and numbers of participants in ratio to the number of total ladies the club has as members.

Liesel and I have some awesome incentives and prizes for all participants, so make sure you are in the running.

- **L1 CHILTERN AC THURSDAY 15TH FEBRUARY 6PM**
- **L2 FOREST AC WEDNESDAY 14TH MARCH 6PM**
- **L3 WESTVILLE AC TUESDAY 24TH APRIL 6PM**
- **L4 QUEENSBURGH HARRIERS AC WEDNESDAY 23RD MAY 6.15PM**
- **L5 HILLCREST VILLAGERS AC THURSDAY 16TH AUGUST 6PM**
- **L6 PINETOWN & DISTRICTS AC THURSDAY 6TH SEPTEMBER 6PM**
- **L7 HIGHWAY AC THURSDAY 11TH OCTOBER 6PM**
- **L8 KEARSNEY STRIDERS AC TUESDAY 6TH NOVEMBER 6PM**

## Mixed League Fixtures 2018

Please diarise the following dates for 2018.

There will be a junior league for under 18 boys and girls this year, so we need a team of 4 boys and 4 girls to take part in the league races.

- **L1 QUEENSBURGH HARRIERS AC WEDNESDAY 24TH JANUARY 6:15PM**
- **L2 SAVAGES AC THURSDAY 22NDFEBRUARY 6PM**
- **L3 CHILTERN AC THURSDAY 08TH MARCH 6PM**
- **L4 DHS OLD BOYS AC WEDNESDAY 18TH APRIL 6PM**
- **L5 HILLCREST VILLAGERS AC THURSDAY 28TH JUNE 6PM**
- **L6 STELLA AC THURSDAY 26TH JULY 6PM**
- **L7 WESTVILLE AC TUESDAY 21ST AUGUST 6PM**
- **L8 SYDENHAM AC THURSDAY 20TH SEPTEMBER 6PM**
- **L9 PINETOWN & DISTRICTS AC THURSDAY 25TH OCTOBER 6PM**
- **L10 GET FIT AC TUESDAY 15TH NOVEMBER 6PM**

## Zeroes to Heroes

The very popular Zeroes to Heroes will be starting on Monday 29<sup>th</sup> January. This year the Z2H will be run on a Monday and Thursday, so it will not clash with the time trials. We will have the bar open at these runs. Please encourage all your friends and family to join us. This is a great way to get back into / start running.... The bug will bite and you won't look back.

We also need helpers on these days, so please volunteer your services.... Your club will appreciate it. If you can help, please speak to your men's captain, Hein

## New Website!

Wow! Have you seen the clubs brand new website? If not, go have a look. It is now mobile device friendly too and has a direct feed off our Facebook page. Thanks so much to Shaun Reid and Marketing Collective for all the hard work and time taken to produce this awesome website!

[www.westvilleac.co.za](http://www.westvilleac.co.za)

**IF AT FIRST YOU  
DON'T SUCCEED,  
FIX YOUR *ponytail*,  
AND TRY AGAIN.**

# 2018 Committee

Portfolio	Name	Cell Number	E-Mail Address
Chairperson	Kylie Griffin	082 563 0574	<a href="mailto:director@kznea.co.za">director@kznea.co.za</a>
Vice Chairperson			
Secretary and Registrations	Sharon Schubach	082 414 1783	<a href="mailto:itonridge@gmail.com">itonridge@gmail.com</a>
Treasurer	Katharine Atkinson	083 797 9711	<a href="mailto:Katharineatkinson15@gmail.com">Katharineatkinson15@gmail.com</a>
Men's Road Captain	Hein de Klerk	082 335 8760	<a href="mailto:heindeklerk@vodamail.co.za">heindeklerk@vodamail.co.za</a>
Ladies Road Captain	Liesel Israel Keiran Ward	084 445 0112 082 445 4672	<a href="mailto:liesel.israel@gmail.com">liesel.israel@gmail.com</a> <a href="mailto:keiran.ward@unitrans.co.za">keiran.ward@unitrans.co.za</a>
Cross Country Captain	Les Smith	082 562 6260	<a href="mailto:lessmithvintage@gmail.com">lessmithvintage@gmail.com</a>
Facilities Manager	Paul Pearce	084 447 7028	<a href="mailto:thepearces@telkomsa.net">thepearces@telkomsa.net</a>
Retail and Website	Steven Gossman	072 639 3093	<a href="mailto:steven.gossman@gmail.com">steven.gossman@gmail.com</a>
Newsletter Editor	Keiran Ward	082 445 4672	<a href="mailto:keiran.ward@unitrans.co.za">keiran.ward@unitrans.co.za</a>

## Our Amazing Sponsors



**SPAR**



**Fourie Stott**  
Attorneys, Notaries & Conveyancers



travel dynamix



**Andrew Burnard**  
PSYCHOLOGIST



**Brandon Jackson**  
**PHYSIO**  
therapists



**KAZMAC Photography**



P.O. BOX 1710 • PIETROUWVILLE, KZN • TELEPHONE: (031) 703712, TOLLFREE, PEKKEN • FAX: (031) 703721

