

Date

Tue 28 Jan

**WESTVILLE ATHLETIC CLUB  
WEEKLY TIME TRIAL RESULTS**

Runners (4/8): 51/44

Week: 5

| No. | Lic   | km | Name               | Club    | Cat     | M/F | Time  | Pace |
|-----|-------|----|--------------------|---------|---------|-----|-------|------|
| 1   | 0     | 4  | Richard Argall     | EX WEST | Missing | M   | 15:43 | 3:56 |
| 2   | 0     | 4  | Joseph Mashele     | VISITOR | Missing | M   | 16:34 | 4:09 |
| 3   | 0     | 4  | Sheldon Lubbe      | VISITOR | Missing | M   | 19:50 | 4:58 |
| 4   | 3128  | 4  | Les Smith          | WEST    | 60+     | M   | 20:03 | 5:01 |
| 5   | 3168  | 4  | Dylan O'Brien      | WEST    | Junior  | M   | 20:16 | 5:04 |
| 6   | 3163  | 4  | Nicole Petzer      | WEST    | Open    | F   | 20:56 | 5:14 |
| 7   | SOC02 | 4  | Craig Dennill      | WEST    | 40-49   | M   | 21:23 | 5:21 |
| 8   | 3037  | 4  | Charmaine Newmarch | WEST    | 40-49   | F   | 22:03 | 5:31 |
| 9   | 3134  | 4  | Denise Monda       | WEST    | 40-49   | F   | 22:15 | 5:34 |
| 10  | 3336  | 4  | Andy Watson        | WEST    | 60+     | M   | 22:18 | 5:35 |
| 11  | 3194  | 4  | Eva Nemes          | WEST    | 40-49   | F   | 22:44 | 5:41 |
| 12  | 3262  | 4  | Romy Croxford      | WEST    | Open    | F   | 22:55 | 5:44 |
| 13  | 0     | 4  | Troy Chiacchetti   | VISITOR | Missing | M   | 23:14 | 5:48 |
| 14  | 0     | 4  | David Jenkins      | VISITOR | Missing | M   | 23:17 | 5:49 |
| 15  | 3167  | 4  | Jenna O'Brien      | WEST    | Junior  | F   | 23:25 | 5:51 |
| 16  | 3158  | 4  | Jan Hardie         | WEST    | 40-49   | F   | 23:50 | 5:57 |
| 17  | 0     | 4  | Chris Harrison     | VISITOR | Missing | M   | 24:01 | 6:00 |
| 18  | 2971  | 4  | Keiran Aytoun      | WEST    | 40-49   | F   | 24:18 | 6:04 |
| 19  | SOC03 | 4  | Paula Symington    | WEST    | Open    | F   | 24:54 | 6:14 |
| 20  | 0     | 4  | REDACTED           | VISITOR | Missing | M   | 24:58 | 6:14 |
| 21  | 3127  | 4  | John Mordaunt      | WEST    | 40-49   | M   | 25:15 | 6:19 |
| 22  | 0     | 4  | Kayley Chislett    | VISITOR | Missing | F   | 25:52 | 6:28 |
| 23  | 0     | 4  | Llewellyn Mitchell | VISITOR | Missing | M   | 26:22 | 6:35 |
| 24  | 3310  | 4  | Michelle Wilmans   | WEST    | 40-49   | F   | 26:57 | 6:44 |
| 25  | 0     | 4  | Tori Cartmell      | VISITOR | Missing | F   | 27:27 | 6:52 |
| 26  | 0     | 4  | Kerryn Swanepoel   | VISITOR | Missing | F   | 28:22 | 7:05 |
| 27  | 3110  | 4  | Gayle Simmons      | WEST    | 60+     | F   | 29:08 | 7:17 |
| 28  | 3267  | 4  | Lauren Lavarack    | WEST    | Open    | F   | 29:49 | 7:27 |
| 29  | 0     | 4  | Michelle Gibbon    | VISITOR | Missing | F   | 29:51 | 7:28 |
| 30  | 0     | 4  | Tayla Mitchell     | VISITOR | Missing | F   | 30:39 | 7:40 |
| 31  | 0     | 4  | Shae Mitchell      | VISITOR | Missing | F   | 30:40 | 7:40 |
| 32  | 3056  | 4  | Stewart Clarke     | WEST    | 60+     | M   | 30:42 | 7:40 |

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|-----|-------|----|--------------------|----------|---------|-----|-------|-------|
| 33  | J07   | 4  | Steven Callaghan   | WEST     | Junior  | M   | 30:48 | 7:42  |
| 34  | 3285  | 4  | Trevor Cowie       | WEST     | 50-59   | M   | 30:55 | 7:44  |
| 35  | 3260  | 4  | Caitlin Jackson    | WEST     | Junior  | F   | 30:58 | 7:44  |
| 36  | 3111  | 4  | Karyn Jackson      | WEST     | 40-49   | F   | 31:00 | 7:45  |
| 37  | 2981  | 4  | Dave Saunderson    | WEST     | 40-49   | M   | 31:03 | 7:46  |
| 38  | 0     | 4  | Elize Fincham      | VISITOR  | Missing | F   | 31:35 | 7:54  |
| 39  | 0     | 4  | Prashina Kallideen | EX WEST  | Missing | F   | 32:01 | 8:00  |
| 40  | 0     | 4  | Paul Mathe         | EX WEST  | Missing | M   | 32:09 | 8:02  |
| 41  | 3039  | 4  | Mervyn Fayers      | WEST     | 50-59   | M   | 33:11 | 8:18  |
| 42  | 3048  | 4  | Heather Fayers     | WEST     | 50-59   | F   | 33:13 | 8:18  |
| 43  | 0     | 4  | Julia Butler       | VISITOR  | Missing | F   | 33:15 | 8:19  |
| 44  | 0     | 4  | Nicholas Butler    | VISITOR  | Missing | M   | 33:16 | 8:19  |
| 45  | 0     | 4  | Craig Butler       | VISITOR  | Missing | M   | 33:17 | 8:19  |
| 46  | 0     | 4  | Pam Stewart        | HIGHWAY  | Missing | F   | 33:24 | 8:21  |
| 47  | 0     | 4  | Candice Schouw     | VISITOR  | Missing | F   | 34:39 | 8:40  |
| 48  | 0     | 4  | Olivia Schraeder   | VISITOR  | Missing | F   | 35:27 | 8:52  |
| 49  | 0     | 4  | Tracey Gouws       | VISITOR  | Missing | F   | 35:28 | 8:52  |
| 50  | 0     | 4  | Michelle McDaniel  | VISITOR  | Missing | F   | 37:30 | 9:22  |
| 51  | 3141  | 4  | Nelisiwe Dlamini   | WEST     | 40-49   | F   | 40:04 | 10:01 |
| 52  | 0     | 8  | Sipho Ngxongo      | VISITOR  | Missing | M   | 28:58 | 3:37  |
| 53  | 3057  | 8  | Thandekile Sotubhu | WEST     | 40-49   | M   | 32:02 | 4:00  |
| 54  | 0     | 8  | Cyprian Chiliza    | CHILTERN | Missing | M   | 33:50 | 4:14  |
| 55  | 3138  | 8  | Kevan McCarogher   | WEST     | Open    | M   | 35:21 | 4:25  |
| 56  | 3012  | 8  | Andy Daly          | WEST     | 50-59   | M   | 35:36 | 4:27  |
| 57  | 3346  | 8  | Stefan Wilmans     | WEST     | 40-49   | M   | 35:37 | 4:27  |
| 58  | 0     | 8  | Danielle Adlam     | BOXER    | Missing | F   | 35:51 | 4:29  |
| 59  | 3193  | 8  | Hopewell Hlabe     | WEST     | 40-49   | M   | 36:02 | 4:30  |
| 60  | 3077  | 8  | Matthew Schneider  | WEST     | Open    | M   | 36:16 | 4:32  |
| 61  | 3006  | 8  | Cliff Robbertze    | WEST     | 40-49   | M   | 36:44 | 4:36  |
| 62  | 3203  | 8  | Gareth Brockett    | WEST     | 35-39   | M   | 37:05 | 4:38  |
| 63  | 3047  | 8  | Hendrik Roux       | WEST     | 35-39   | M   | 38:02 | 4:45  |
| 64  | 3287  | 8  | Kenneth Culverwell | WEST     | 50-59   | M   | 38:30 | 4:49  |
| 65  | SOC04 | 8  | Brett Chettleburgh | WEST     | 50-59   | M   | 39:15 | 4:54  |
| 66  | 3225  | 8  | Brandon Jackson    | WEST     | 40-49   | M   | 39:33 | 4:57  |
| 67  | 3218  | 8  | Raeesa Solwa       | WEST     | Open    | F   | 40:09 | 5:01  |

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|-----|-------|----|---------------------------|---------|---------|-----|-------|------|
| 68  | 3291  | 8  | Hilton Janse van Rensburg | WEST    | 35-39   | M   | 40:15 | 5:02 |
| 69  | 2982  | 8  | Alfred Dlamini            | WEST    | 50-59   | M   | 40:19 | 5:02 |
| 70  | 3137  | 8  | Dylan Lubbe               | WEST    | Open    | M   | 40:25 | 5:03 |
| 71  | 3050  | 8  | Jenny Tyers               | WEST    | 40-49   | F   | 40:29 | 5:04 |
| 72  | 3000  | 8  | Paul Pearce               | WEST    | 40-49   | M   | 40:45 | 5:06 |
| 73  | 0     | 8  | Chris Friggens            | VISITOR | Missing | M   | 40:48 | 5:06 |
| 74  | 3292  | 8  | Justin Janse van Rensburg | WEST    | Open    | M   | 40:58 | 5:07 |
| 75  | 3261  | 8  | Wayne Simmons             | WEST    | Open    | M   | 41:21 | 5:10 |
| 76  | 2986  | 8  | Preston Gounden           | WEST    | Open    | M   | 41:35 | 5:12 |
| 77  | 2976  | 8  | Dirk van den Heever       | WEST    | Open    | M   | 42:16 | 5:17 |
| 78  | 3076  | 8  | Stuart Cox                | WEST    | 40-49   | M   | 42:19 | 5:17 |
| 79  | 3204  | 8  | Michael Etchells          | WEST    | Open    | M   | 42:31 | 5:19 |
| 80  | 0     | 8  | Ray Buthelezi             | VISITOR | Missing | M   | 42:40 | 5:20 |
| 81  | 0     | 8  | Greg Slaney               | VISITOR | Missing | M   | 42:58 | 5:22 |
| 82  | 3160  | 8  | Steven Stott              | WEST    | 35-39   | M   | 43:36 | 5:27 |
| 83  | 2956  | 8  | Fred McKenzie             | WEST    | 50-59   | M   | 43:50 | 5:29 |
| 84  | 3011  | 8  | Kathrine Roux             | WEST    | Open    | F   | 43:55 | 5:29 |
| 85  | 3207  | 8  | Craig Phillips            | WEST    | 40-49   | M   | 45:48 | 5:43 |
| 86  | 3046  | 8  | Trevor Kershaw            | WEST    | 50-59   | M   | 46:04 | 5:46 |
| 87  | 0     | 8  | Justin Hotz               | VISITOR | Missing | M   | 46:05 | 5:46 |
| 88  | 3335  | 8  | Alison Parle              | WEST    | 40-49   | F   | 46:19 | 5:47 |
| 89  | 3029  | 8  | Wesley Wells              | WEST    | Open    | M   | 46:20 | 5:47 |
| 90  | SOC02 | 8  | Craig Dennill             | WEST    | 40-49   | M   | 46:21 | 5:48 |
| 91  | 0     | 8  | Mike Saunderson           | VISITOR | Missing | M   | 47:26 | 5:56 |
| 92  | 0     | 8  | Craig Kirkpatrick         | VISITOR | Missing | M   | 47:45 | 5:58 |
| 93  | 3161  | 8  | Vicky Stott               | WEST    | 35-39   | F   | 48:40 | 6:05 |
| 94  | SOC08 | 8  | Anver Moolla              | WEST    | 40-49   | M   | 48:49 | 6:06 |
| 95  | 3215  | 8  | Richard Wilson            | WEST    | Open    | M   | 50:27 | 6:18 |
| 96  | 3136  | 8  | Graham Buck               | WEST    | 50-59   | M   | 51:37 | 6:27 |
| 97  | 0     | 8  | Cliff Cartmell            | WEST    | Missing | M   | 51:38 | 6:27 |