

Parlauf
13 March 2021
Westville Athletic Club

Event 3

32 Teams

64 Athletes

Pos	Time	Name	Gender	Lic no	Club/School	Age	Name	Gender	Lic no	Club/School	Age
1	22:59	Phumzile Gwala	f	99	Savages AC	25	Ella-Rose Gass	f	646	Savages AC	13
2	23:09	Trish Eksteen	f	T11297	AOT	42	Nedene Cahill	f	T11296	AOT	39
3	23:54	Roxanne Vale	f	T11325	Hilton Harriers	33	Dawn Nunes	f	T11270	Westville AC	39
4	24:13	Beth Mayer	f	J405	Chiltern	16	Cary-Ann Smith	f	807	Nedbank AC	41
5	24:30	Leah Edwards	f	139	Kearsney Striders	13	Zee Mkhize	f		Murray & Roberts	34
6	24:57	Kayleigh Lindeque	f	J138	Kearsney Striders	15	Pat Dammann	f	T11269		48
7	25:04	Mel Olivier	f		PDAC		Lise Muchna	f	1107	PDAC	52
8	25:15	Janene Carey	f	11204	Murray & Roberts	49	Rozanne Geldenhuy	f	12601	PDAC	37
9	25:27	Fiona Baldwin	f	1084	PDAC	51	Michelle Sims	f	1200	PDAC	54
10	25:35	Kelly van Rooyen	f	T11326	WGHS	16	Casey Stanley	f	J406	Chiltern	18
11	26:03	Tori Coetzee	f	1180	PDAC	43	Ferne Kalamer	f	1126	PDAC	26
12	26:40	Francette Gouws	f	10711	DHSOB	30	Lisa Collett	f	8407	DHSOB	43
13	26:54	Lindy	f		AOT	39	Marj Lawrence	f	11261	AOT	50
14	27:15	Carol McDonald	f	6554	Chiltern	41	Tamlyn Milligan	f	3062	Westville AC	42
15	27:16	Layle Cathey	f	1070	PDAC	37	Heather Marten	f	T11330		37
16	28:52	Alison Parle	f	3201	Westville AC	52	Lizanne Whiteley	f	T11265		41
17	29:39	Gail Babich	f	17	Savages AC	56		f			
18	29:44	Taryn Smith	f		PDAC		Jen Albert	f		PDAC	
19	30:11	Sarah Stuart	f	48	Savages AC	33	Lauren Bauer	f	142	Savages AC	28
20	30:20	Jane Watson	f	1024	PDAC	61	Natacha Smith	f	1003	PDAC	43
21	30:30	Shan Thomson	f	Temp	Chillies	45	Megan Hand	f	Temp	Chillies	
22	30:35	Kerry Cahill	f	T11294	AOT	42	Gill du Toit	f	T11295	AOT	34
23	33:22	Morgan Morrison	f	T11306		60	Karen Bargate	f	14322	Discovery	62
24	34:00	Pam Rasmussen	f	5545	YWP	68	Sheree Kirsten	f	3014	Westville AC	66
25	35:08	Sandrika Chetty	f	T11262	AOT	25	Samantha Naidoo	f	T11299	AOT	34
26	37:01	Camilla Mbanjwa	f	T11287	PDAC	46	Nokukhanya Ntombi	f	1113	PDAC	29
27	37:04	Shelaine Bouverie	f	195	Savages AC	24	Michelle Sanyasir	f	11298	New Germany	13
28	37:22	Thobile Masilela	f	1119	PDAC	37	Ntokozo Nxele	f	1196	PDAC	36
29	37:38	Raulstone	f	1976	Hillcrest AC	44	Delyse Grenfell	f	1858	Hillcrest AC	58
30	38:59	Lauren Ward	f	3151	Westville AC	20	Rachel Kitchen	f	11333		19
31	39:01	Cheryl Wilson	f	15497	Team Vitality	64	Laura Campbell	f	T11321	Westville AC	58
32	44:12	Pauline	f		PDAC	49	Shavaughn Robson	f	1127	PDAC	31

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54 Teams

108 Athletes

Pos	Time	Name	Gender	Lic No	Club/School	Age	Name	Gender	Lic No	Club/School	Age	
1	27:24	Sakhiwo Manguzela	m	137	Savages AC	29	Vukani Mdunge	m	153	Savages AC	25	
2	27:39	Tristan Sebire	m	J6	Hillcrest AC	17	Derek Wasserfal	m	113470	Hillcrest AC		
3	27:50	Claude Eksteen	m	T11322	AOT	43	Ryan Robbertze	m	T11323	AOT	29	
4	27:51	Aidan Billington	m	2985	Westville AC	24	Matt Argall	m	11342	Westville AC	35	
5	28:05	James Mayer	m	T11314	Chiltern AC	19	Dylan o'Brien	m	6600	Chiltern AC	21	
6	28:07	Gareth Marquiss	m		PDAC	23	Darren Marquiss	m		PDAC	23	
7	29:02	JP Ford	m	119	Savages AC	31	Barrie Knox-Davies	m	165	Savages AC	47	
8	29:14	Nick Smith	m	1054	PDAC	36	Zane de Lange	m	1100	PDAC	36	
9	29:33	Sam Haynes	m	T11335	WBHS	14	Luke Matthews	m	J12	Hillcrest AC	18	
10	29:40	Gary Babich	m	2623	Murray&Roberts		Sanele Shanlae	m	T11305	Murray&Roberts	29	
11	29:56	Grant Larson	m	6132	DHSOB	49	Darren Rossouw	m	12650	DHSOB	29	
12	30:01	Zachary Moore	m	11278	Maritzburg College	16	Scot Arnold	m	36	Maritzburg College	16	
13	30:01	Emma Slack	f	T11316	Murray&Roberts	16	Evan Slack	m	T11315	DHSOB	47	Mixed
14	30:14	Lyndon Nash	m	1109	PDAC	42	Grant Cummings	m	3021	Westville AC	49	
15	30:43	Warren Whitson	m	T11320	AOT	29	Celine Cloete	f	11319	AOT	22	Mixed
16	30:44	Hanco Ingram	m	T11271	DHSOB	22	Vincent Laycock	m	11324	Jeppe	32	
17	30:46	Ryan Denekamp	m	T11332	Kearsney	15	Sandile Lembetha	m		Kearsney	37	
18	30:51	Hein de Klerk	m		Westville AC	45	Chris Carter	m	7169	Chiltern AC	50	
19	32:04	Steven Gossman	m	3093	Westville AC	49	Brendon Waters	m	T11272		20	
20	32:05	Andrew Asquith	m	1701	Hillcrest AC	49	Liam Asquith	m	J4	Hillcrest AC	13	
21	32:06	Mifhael Khoza	m	1185	PDAC	55	John Gass	m	200	Savages AC	50	
22	32:32	Michael Saunders	m	T11334	AOT	24	Nedene Cahill	f	T11296	AOT	39	Mixed
23	32:35	Trent Baller	m	61	Savages AC	28	Darewies Jappie	m		Savages AC		
24	32:56	Peter Edwards	m	1545	Kearsney Striders	54	Brendon Mayer	m	6505	Chiltern AC	49	
25	33:10	Stean Marais	m	10701	DHSOB	30	Chris Erxleben	m	10760	DHSOB	29	
26	33:45	Matthew Crewcock	m	6556	Chiltern AC	31	Stanley Mwakhiwa	m	8035	Chiltern AC	40	
27	33:47	Stefan Wilmans	m	2983	Westville AC	51	Hopewell Hlabe	m	3193	Westville AC	51	
28	33:49	Roger Westbrook	m	6161	DHSOB	43	Sammy Westbrook	f	6122	DHSOB	30	Mixed
29	33:52	Ryan Grobbelaar	m	6897	Queensburgh Harriers	26	Juan van Staden	m	6812	Queensburgh Harriers	17	
30	34:01	Rowan Stuart	m	93	Savages AC	35	Gordon Diener	m	88	Savages AC	43	
31	34:23	Andre Wolmaranns	m			40	Ashley Holtzhuizen	m	4062	Hilton Harriers	41	
32	35:11	Vernon Anley	m	6103	DHSOB	65	Andy Daly	m		Chiltern AC	64	
33	35:18	Alison Wasserfall	f	T11339	Hillcrest AC	35	Rupert Sediere	m	1700	Hillcrest AC	51	Mixed
34	35:56	Kelvin Strachen	m	3073	Westville AC	54	Nick Sbu Engel	m	5935	Chesterville AC	48	
35	36:04	Mike Maggott	m	1179	PDAC	60	Kelvin Barland	m	1114	PDAC	55	
36	36:20	Ken Culverwell	m	3020	Westville AC	59	John Adams	m	3216	Westville AC	53	

