

Event 4

Men & Mixed

Parlauf: 06 March 2020

Pos	Time	Name	Gender	Lic No	Club/School	DOB	Age	Name	Gender	Lic No	Club/School	DOB	Age
1	27.09	Sakhiwo Sebire	m	137	Savages	09/03/1992	28	Sanele Shange	M	97	Savages	04/01/1992	28
2	27.28	Tristan Sabire	m	J6	HVAC	27/03/2003	16	Joshua Steytler	M	J7	HVAC	2016/07/03	16
3	27.29	Mitch Emanuel	m	T3289	AOT	13/07/1991	28	Travis Dalrymple-Kelly	m	T3277	AOT	06/07/1992	27
4	29.14	Jonothan Edwards	m	1876	Hillcrest	1976	43	Derek Wasserfall	M	1880	Hillcrest	1980	40
5	29.19	Jono Cummings	m		Martizburg Co	03/02/2002	18	Lance Arnold	m		PDAC	16/10/2002	17
6	29.44	James Meredith	m	T3312	AOT	20/01/1984	36	Darren Rowe	m	3281	AOT		
7	30.42	Denzil Hillermann	m	1190	PDAC	25/03/1986	33	Kyle Raffle	m	T3262	DHSOB	11/04/1989	30
8	31.16	Paul Stroebel	m		AOT	17/07/1979	41	Henco Ingram	m		AOT	19/12/1998	21
9	31.19	Anoliswa Xaba	m	J451	Sisonke AC	09/08/2001	18	Professor Cele	m	T3349	Sisonke AC	04/12/1988	
10	31.26	Ben Holmes	m	T3267	AOT			Jordan Bold	m	T3270	AOT	06/01/2004	16
11	31.28	Samuel Haynes	m	T3272		22/12/2006	13	Luke Matthews	m	J12	Hillcrest	18/04/2002	17
12	31.35	Lydon Nash	m	1109	PDAC	18/10/1978	42	Steve Muchna	m	1023	PDAC	07/09/1971	48
13	31.53	Keshav Singh	m	196	Savages	24/03/1991	28	Juan-Pierre Ford	m	119	Savages	21/05/1989	30
14	32.45	Thierry Pletinckx	m	3854	Amanzimtoti	20/03/1966	53	Danie Swart	m	3717	Amanzimtoti	08/12/1957	62
15	32.50	Clayton Holloway	m	T3235	AOT	02/11/1979	40	Michael Saunders	m	T3236	AOT	25/06/1996	23
16	32.53	Duncan Augustus	m	T3277				Claude Eksteen	m	T3276	AOT	06/04/1977	42
17	32.55	Ryan Robbertze	m					Alan Phillips	m	5257	Getfit AC	03/12/1973	46
18	33.02	Richard Eksteen	m	T3247	HIFU	01/05/1976	43	Duan Coertzen	m	T3246	HIFU	17/12/1991	28
19	33.21	Raj Govender	m	3256		06/04/1969	50	Christopher Oelsen	m	3257		25/12/1987	32
20	33.25	Richard Harrison	m	3	Savages	21/01/1979	41	Nick Engel	m	5935	Chesterville	19/09/1972	47
21	33.30	Hein de Klerk	m	2965	Westville AC	28/01/1976	44	Kylie Griffin	f	3233	Westville AC	25/10/1964	55
22	33.32	Zane de Lange	m	1100	PDAC	02/12/1984	35	Zane Smith	m	1125	PDAC	22/05/1998	21
23	33.36	Stean Marais	m	10701	DHSOB	29/11/1990	29	Kenneth Oldbury	m	10780	DHSOB	11/02/1978	42
24	33.50	Dalton Steewans	m	T3309	AOT	16/06/1986	33	Tejan Pillay	m	T3242	AOT	03/05/1978	41
25	33.52	Kim Cavell Clarke	m	4024	Hilton Harriers	10/03/1968	52	Andy Woodgate	m	4054	Hilton Harriers	18/07/1995	24
26	33.55	Matthew Greycock	m	6556	Chiltern	02/11/1989	30	Stanley Mwakhiwa	m	8035	Chiltern	30/09/1981	39
27	33.56	Tony Saunderson	m	3013	Westville AC	02/04/1966	53	Stuart Cox	m	3076	Westville AC		
28	34.04	Paul Pearce	m	3000	Westville AC	04/06/1971	48	Vernon Anley	m	6103	DHSOB	01/03/1956	64
29	34.09	Stephen Owen	m	1568	Kearsney Strid	28/05/1968	51	Lauren Owen	f	J140	Kearsney Strid	13/09/2002	17
30	34.11	Chantel Pennicott	f	T3254		03/04/1996	23	Roxanne Vale	f	4061	Hilton Harriers		
31	34.17	Evan Slack	m	1376	Rox	15/08/1973	46	Maureen Slack	f	3191	Westville AC	05/11/1968	51
32	34.33	Jarryd Heathman	m	4046	Hilton Harriers	24/11/1996	23	Attie Kruger	m	4080	Hilton Harriers	25/12/1970	49
33	34.37	Shelley Young	f		Chiltern		30	Andrew Daly	m		Chiltern		63
34	34.40	Mike Maggot	m	1074	PDAC	16/08/1960	59	Kelvin Borland	m	1114	PDAC	05/09/1965	54
35	35.08	Coetzee	m	1101	PDAC	07/07/1968	52	Satch Oliver	m	1165	PDAC	17/12/1971	48
36	35.29	Gordon Dienaar	m	88	Savages	18/01/1978	42	Manuela Dienaar	f	125	Savages	28/01/1978	42
37	35.40	Lawrie Raubenheimer	m	4033	Hilton Harriers	01/11/1953	66	Haydon Bam	m	4003	Hilton Harriers	22/11/1966	53
38	35.43	Trent Bauer	m	61	Savages	26/06/1992	27	Lauren Williams	f	142	Savages	12/05/1992	27
39	36.14	Ashley Holtzhuizen	m	4062	Hilton Harriers	27/04/1979	40	Jeff Speed	m	4047	Hilton Harriers	26/02/1960	60
40	36.36	John Adams	m	3216	Westville AC	01/11/1967	52	Carlo de Oliveira	m	3058	Westville AC	06/01/1975	45
41	36.41	Deon Tegg	m	1096	PDAC	28/08/1972		Stephen Tegg	m	J32	PDAC	08/11/2006	13
42	37.33	Greg Beyrooti	m	7359	Howick AC	05/03/1964	56	Andre Booyesen	m	3293	Howick AC	17/04/1955	64

43	37.41	Liam Calenborne	m	T3282	Kearsney	08/02/2006	14	Lauren Calenborne	f	3232	Westville AC	24/04/1973	46
44	38.02	Shaen Greyling	m	5252	Getfit AC	10/06/1980	39	Shaun Meyer	m	3435	Getfit AC	11/07/1969	50
45	38.39	Vince van Rensburg	m	6530	Chiltern	05/05/1988	31	Marc Young	m	6516	Chiltern	26/07/1986	33
46	38.55	Wayne Whiteford	m			12/01/1965	55	Andy Patterson	m	3179	Westville AC	27/01/1959	61
47	39.38	Leonard Pelser	m	84	Savages	02/11/1978	41	Mercy Fogg	f	3027	Westville AC	15/08/1967	52
48	39.46	Stefan Wilmans	m	2390	Westville AC	02/06/1969	50	Michelle Wilmans	f	2979	Westville AC	30/05/1969	50
49	40.38	Dane Fernandes	m	4026	Hilton Harriers	28/07/1986	33	Jono Riby-Smith	m	4027	Hilton Harriers	15/03/1986	33
50	40.39	Fran Gandy	f	1888	Hillcrest	01/10/1982	37	Joss Perold	m	1889	Hillcrest	16/06/1982	37
51	40.49	Aaron Toerien	m	2969	Westville AC	20/11/1980	39	Liz Booysen	f	3294	Howick AC	05/04/1960	59
52	41.51	Vaughn van Jaarsveld	m		AOT			Trish Eksteen	f		AOT		41
53	42.07	Keiran Ward	f	2971	Westville AC	14/07/1973	46	David Ward	m	3056	Westville AC	18/03/1973	46
54	42.22	Soms Naidu	m	3283	AOT	01/12/1979	40	Lee Swales	m	3241	AOT	25/02/1980	40
55	43.06	Candy Bam	f	4002	Hilton Harriers	16/10/1969	50	Jane Dickinson	f	40132	Hilton Harriers	07/10/1952	67
56	43.09	Cade Johansen	m	280	Ethekwini AC	25/01/2009	11	Denise Johansen	f	281	Ethekwini AC	23/03/1956	63
57	44.08	Julia Strachan	f	3038	Westville AC	14/08/1996	23	Kelvin Strachan	m	3023	Westville AC	01/12/1966	52
58	44.11	Clive Griffiths	m	187	Savages	20/12/1960	59	Dave Williams	m	126	Savages	28/04/1952	67
59	47.49	Geoff Dawson	m	3242	Westville AC	24/07/1947	72	Alex Wardle	m	2966	Westville AC	01/07/1954	65
60	48.55	Graham Buck	m	3136	Westville AC	01/01/1960	60	Andrew Warmback	m	T3340		06/06/1964	55

120 Athletes