

Parlauf 2019
Friday 08 March 2019

119 Teams
238 Athletes

Event 1 **Mob Race 1km** 23 Teams

46 Athletes

	Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1st Male Team	1	06:56	Ethan Holman	WSPS	12	Male	Roxtion Payne	WSPS	12	Male	Male
2nd Male Team	2	07:11	Jarryd Braum	Pacer	11	Male	Olvier Tubb	Pacer	11	Male	Male
3rd Male Team	3	07:22	Ashton Lutchmana	Kainon	12	Male	Christopher Isley	Kainon	12	Male	Male
1st Female Team	8	08:37	Bethany Haynes	Winston Park Primary	10	Female	Holly Raatgever	Winston Park Primary	9	Female	Female
2nd Female Team	9	08:45	Holly Allison	WSPS	10	Female	Mia Tubb	WSPS	10	Female	Female
3rd Female Team	11	09:07	Malwande Dlamini	Queensburgh	10	Female	Amy Jayne Aston	Queensburgh	12	Female	Female
1st Mixed Team	18	11:23	Ruan de Klerk	Westville	10	Male	Leah de Klerk	Westville	7	Female	Mixed
2nd Mixed Team	23	14:42	Joshua Nunes	Sarnia	6	Male	Jennifer Nunes	Sarnia	4	Female	Mixed

Event 2 **Girls & Boys** 10 Teams

20 Athletes

	Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1st Male Team	1	11:50	Tritan Sebire	Hillcrest Villagers	15	Male	Joshua Steytler	Hillcrest Villagers	15	Male	Male
2nd Male Team	2	12:22	Luke Matthews	Westville Boys	16	Male	Tyler Grey	Temp	15	Male	Male
3rd Male Team	3	12:56	Byron Chandler	Highbury	13	Male	Ruben Visagie	Highbury	12	Male	Male
1st Mixed Team	4	13:37	Amren Naidoo	Chiltern AC	17	Male	Mia Clendennen	Queensburgh	13	Female	Mixed
2nd Mixed Team	5	13:45	Reece Raatgever	Winston Park	11	Female	Samuel Haynes	Winston Park	12	Male	Mixed
3rd Mixed Team	6	14:05	Jordan Biddle	Chiltern AC	13	Male	Beth Mayer	Chiltern AC	14	Female	Mixed
1st Female Team	9	15:02	Hannah Loots	Queensburgh	14	Female	Brenna Clendennen	Queensburgh	15	Female	Female
2nd Female Team	10	15:47	Alwanda Dimba	PDAC	11	Female	Tia Olivier	PDAC	9	Female	Female

Event 3**Women**

27 Teams

54 Athletes

	Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1st Female Team	1	20:45	Trish Eksteen	AOT	40	Female	Nedene Cahill	AOT	37	Female	Female
2nd Female Team	2	21:31	Emma Slack	Rox	14	Female	Keren Worlock	Rox	32	Female	Female
3rd Female Team	3	22:19	Lisha Sookan		39	Female	Cat Robson		39	Female	Female

Event 4**Men and Mixed Teams**

59 Teams

118 Athletes

	Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1st Male Team	1	24:59	Thomas van Tonder	AOT	27	Male	Claude Eksteen	AOT		Male	Male
2nd Male Team	2	25:10	Siyabonga Phewe	Queensburgh	17	Male	Innocent Nyawose	Queensburgh	38	Male	Male
3rd Male Team	3	25:15	James Meredith	AOT	35	Male	Brandon Hulley	AOT	19	Male	Male
1st Junior Team	6	25:52	James Mayer	Westville Boys	17	Male	Daniel Ellis	Westville Boys	14	Male	Male
2nd Junior Team	9	27:28	Aphiwe Khoza	Westville AC	16	Male	Amren Naidoo	Chiltern AC	17	Male	Male
1st Mixed Team	11	28:16	Denzil Hillerman	PDAC	32	Male	Dawn Nunes	Westville Boys	37	Female	Mixed
2nd Mixed Team	18	30:40	Gareth Brockett	Westville AC	41	Male	Carey-Ann Smith	Nedbank	39	Female	Mixed
3rd Mixed Team	24	31:32	Brendan Mayer	Chiltern AC	47	Male	Lesley Mayer	Chiltern AC	46	Female	Mixed
Female Team	19	30:41	Kylie Griffin	Westville AC	54	Female	Trish Eksteen	AOT	40	Female	Female

Mob Race 1km

	Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
	1	06:56	Ethan Holman	WSPS	12	Male	Roxtion Payne	WSPS	12	Male	Male
	2	07:11	Jarryd Braum	Pacer	11	Male	Olvier Tubb	Pacer	11	Male	Male
	3	07:22	Ashton Lutchmana	Kainon	12	Male	Christopher Isley	Kainon	12	Male	Male
	4	07:35	Keagan Bahlmann	Northlands PS	10	Male	Daniel Bahlmann	Northlands PS	8	Male	Male
	5	08:13	Curtis Fenton	WSPS	10	Male	Adam Georgiadis	WSPS	11	Male	Male
	6	08:14	Patch Tubb	Winston Park Primary	7	Male	Troy Allison	Winston Park Primary	7	Male	Male
	7	08:20	Nathan Govender	Westville	9	Male	Zach Neal	Westville	9	Male	Male

8	08:37	Bethany Haynes	Winston Park Primary	10	Female	Holly Raatgever	Winston Park Primary	9	Female	Female
9	08:45	Holly Allison	WSPS	10	Female	Mia Tubb	WSPS	10	Female	Female
10	08:59	Jaryd Duke	Westville	10	Male	Connor Howitz	WSPS	9	Male	Male
11	09:07	Malwande Dlamini	Queensburgh	10	Female	Amy Jayne Aston	Queensburgh	12	Female	Female
12	09:31	Leah Clelland	WSPS	9	Female	Chiara Pienaar	WSPS	9	Female	Female
13	09:31	Grace Hutchinson	WSPS	12	Female	Rachael Atkinson	Westville	8	Female	Female
14	09:32	Katia Diener	Atholton	9	Female	Sophia Staples	Chelsea	9	Female	Female
15	09:38	Rebecca Dray	Westville	8	Female	Arielle Coetzer	Queensburgh	11	Female	Female
16	09:44	Kai Kett	PDAC	7	Male	Rowan Smith	PDAC	7	Male	Male
17	10:46	Anna Diener	Atholton	7	Female	Khamd Baualeng	Atholton	9	Female	Female
18	11:23	Ruan de Klerk	Westville	10	Male	Leah de Klerk	Westville	7	Female	Mixed
19	12:38	Michaelah Dray	Westville	4	Female	Annah Dray	Westville	6	Female	Female
20	13:06	Tarren Augustus	AOT	7	Female	Peyton Stroebel	AOT	6	Female	Female
21	13:38	James Oliver	Livingstone	7	Male	Mathew Oliver	WSPS	10	Male	Male
22	13:49	Aravella Symington	Atholl	5	Female	Eva de Oliviera	WPPS	5	Female	Female
23	14:42	Joshua Nunes	Sarnia	6	Male	Jennifer Nunes	Sarnia	4	Female	Mixed

Girls & Boys

Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1	11:50	Tritan Sebire	Hillcrest Villagers	15	Male	Joshua Steytler	Hillcrest Villagers	15	Male	Male
2	12:22	Luke Matthews	Westville Boys	16	Male	Tyler Grey	Temp	15	Male	Male
3	12:56	Byron Chandler	Highbury	13	Male	Ruben Visagie	Highbury	12	Male	Male
4	13:37	Amren Naidoo	Chiltern AC	17	Male	Mia Clendennen	Queensburgh	13	Female	Mixed
5	13:45	Reece Raatgever	Winston Park	11	Female	Samuel Haynes	Winston Park	12	Male	Mixed
6	14:05	Jordan Biddle	Chiltern AC	13	Male	Beth Mayer	Chiltern AC	14	Female	Mixed
7	14:29	Finn Calenborne	Kloof	13	Male	Liam Calenborne	Kloof	13	Male	Male
8	14:30	Hannah Potgieter	PDAC	12	Female	Connor Schumann	PDAC	12	Male	Mixed
9	15:02	Hannah Loots	Queensburgh	14	Female	Brenna Clendennen	Queensburgh	15	Female	Female
10	15:47	Alwanda Dimba	PDAC	11	Female	Tia Olivier	PDAC	9	Female	Female

Women

Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1	20:45	Trish Eksteen	AOT	40	Female	Nedene Cahill	AOT	37	Female	Female
2	21:31	Emma Slack	Rox	14	Female	Keren Worlock	Rox	32	Female	Female
3	22:19	Lisha Sookan		39	Female	Cat Robson		39	Female	Female
4	22:54	Zee Mkhize	Zakhele	34	Female	Jadi Clark	Stella	31	Female	Female
5	22:55	Tracey Allison	PDAC	38	Female	Melody Olivier	PDAC	40	Female	Female
6	23:07	Fionna Baldwin	PDAC	49	Female	Michelle Sims	PDAC	52	Female	Female
7	24:33	Clare Vinson	Chiltern AC	32	Female	Ashley Bond	Chiltern AC	28	Female	Female
8	24:52	Liesel Phillips	AOT	45	Female	Tasha Augustus	AOT	41	Female	Female
9	25:47	Barbs Neal	Westville AC	41	Female	Hev Tindall	Westville AC	39	Female	Female
10	25:54	Shona Hutchinson		45	Female	Liesel Israel	Westville AC	40	Female	Female
11	26:20	Gail Babich	Savages	54	Female	Manuela Diener	Savages	41	Female	Female
12	27:39	Vyvekah Lumley		29	Female	Robyn Ann Bees		35	Female	Female
13	28:03	Roxanne Vale		31	Female	Pamela Rasmussen	Yellowwood Park	66	Female	Female
14	28:08	June Watson	PDAC	59	Female	Teresa Scott	PDAC	61	Female	Female
15	29:26	Nicola de Oliviera	Westville AC	38	Female	Paula Symington	Westville AC	37	Female	Female
16	29:29	Ntokozo Nxele	PDAC	34	Female	Thobile Masilela	PDAC	35	Female	Female
17	29:44	Kirsten Mc Donald	GetFit AC	36	Female	Nichelle Kerr	GetFit AC	35	Female	Female
18	29:54	Tayla O'Niell	Westville AC	16	Female	Hillary O'Neill		51	Female	Female
19	30:02	Sarah Cox	Westville AC	17	Female	Emma Atkinson	Westville AC	11	Female	Female
20	30:26	Lauren Ward	Westville AC	19	Female	Keiran Ward	Westville AC	45	Female	Female
21	31:01	Helen Booyesen		64	Female	Anne Weeden		69	Female	Female
22	31:02	Sonia Evans	Chiltern AC	50	Female	Gayle Lombard	Chiltern AC	50	Female	Female
23	31:30	Pauline Tegg	PDAC	48	Female	Taryn Smith	PDAC	35	Female	Female
24	31:46	Paula Humphreys	Queensburgh	42	Female	Toya Georgicopoulos	Queensburgh	41	Female	Female
25	33:51	Jandi Hallett	GetFit AC	51	Female	Mandy Meyer	GetFit AC	46	Female	Female
26	35:32	Allison Moor	GetFit AC	51	Female	Katie Roberts	GetFit AC	45	Female	Female
27	35:53	Catharine Dixon	Westville AC	30	Female	Tina Leisegang	Westville AC	66	Female	Female

Men and Mixed Teams

59 Teams

118 Athletes

Pos	Time	Runner 1	Club / School	Age	Gender	Runner 2	Club / School	Age	Gender	Team Type
1	24:59	Thomas van Tonder	AOT	27	Male	Claude Eksteen	AOT		Male	Male
2	25:10	Siyabonga Phewe	Queensburgh	17	Male	Innocent Nyawose	Queensburgh	38	Male	Male
3	25:15	James Meredith	AOT	35	Male	Brandon Hulley	AOT	19	Male	Male
4	25:28	Warren Kidgell	Hillcrest Villagers	40	Male	Jono Edwards	Hillcrest Villagers	43	Male	Male
5	25:48	Mitch Emanuel	AOT	27	Male	Paul Stroebel	AOT	39	Male	Male
6	25:52	James Mayer	Westville Boys	17	Male	Daniel Ellis	Westville Boys	14	Male	Male
7	26:17	Mitch Dufourq	GetFit AC	33	Male	Derek Wasserfal	Hillcrest Villagers	39	Male	Male
8	26:23	Nick smith	PDAC	34	Male	Lyndon Nash	PDAC	40	Male	Male
9	27:28	Aphiwe Khoza	Westville AC	16	Male	Amren Naidoo	Chiltern AC	17	Male	Male
10	28:06	David van der Veen	Hillcrest Villagers	21	Male	Andrew Sebire	Hillcrest Villagers	16	Male	Male
11	28:16	Denzil Hillerman	PDAC	32	Male	Dawn Nunes	Westville Boys	37	Female	Mixed
12	28:23	Mark McCalgan	Amanzimtoti	44	Male	Chris Stange	Amanzimtoti	52	Male	Male
13	28:48	Mbatha Bongmusa		40	Male	Elisha Gqamane		40	Male	Male
14	29:21	Thierry Pletincky	Amanzimtoti	52	Male	Daniel Swart	Amanzimtoti	61	Male	Male
15	29:53	Tony Saunderson	Westville AC	52	Male	Hein de Klerk	Westville AC	43	Male	Male
16	30:17	Zane de Lange	PDAC	34	Male	Zane Smith	PDAC	20	Male	Male
17	30:28	Raj Govender	AOT	49	Male	Christopher Oelsen	AOT	31	Male	Male
18	30:40	Gareth Brockett	Westville AC	41	Male	Carey-Ann Smith	Nedbank	39	Female	Mixed
19	30:41	Kylie Griffin	Westville AC	54	Female	Trish Eksteen	AOT	40	Female	Female
20	30:43	Deven Govender	Westville AC	53	Male	Hopewell Hlabe	Westville AC	49	Male	Male
21	30:45	Ken Culverwell	Westville AC	57	Male	Stuart Cox	Westville AC	48	Male	Male
22	30:59	Praiseworthy Makhanya	Sisonke	19	Male	Khononkuhle Biyela	Sisonke	28	Male	Male
23	31:06	Duncan Augustus	AOT	41	Male	Ryan Robertsa	AOT		Male	Male
24	31:32	Brendan Mayer	Chiltern AC	47	Male	Lesley Mayer	Chiltern AC	46	Female	Mixed
25	31:41	Thomas Raatgever		42	Male	Chris Haynes	Hillcrest Villagers	44	Male	Male
26	31:48	Carl Hansen	Queensburgh	40	Male	Kelvin Strachan	Westville AC	52	Male	Male
27	31:59	Alison Wasserfal	Hillcrest Villagers	32	Female	Rupert Sebire	Hillcrest Villagers	49	Male	Mixed
28	32:32	Sodine Momberg	Vitality	35	Female	Christo Botha	Amanzimtoti	50	Male	Mixed
29	32:38	Vernon Anley	DHSOB	63	Male	Ryan Warren	DHSOB	46	Male	Male
30	32:52	Helen Jordaan	Varsity College	20	Female	Andre Wolmans	Queensburgh	38	Male	Mixed

31	32:55	Satch Olivier	PDAC	47	Male	Deon Tega	PDAC	46	Male	Male
32	33:10	Jono Riby-Smith	Hilton Harriers	32	Male	Attie Kruger	Hilton Harriers	48	Male	Male
33	33:14	Simone Schmid	Chiltern AC	33	Female	Keshan Singh	Chiltern AC	27	Male	Mixed
34	33:21	Ashley Holtzhuizen	Carbineers AC	39	Male	Grant Maybery	Carbineers AS	34	Male	Male
35	33:27	Michelle Meyer		25	Female	Leon Odendaal		31	Male	Mixed
36	33:29	Bradley Lucien	AOT	41	Male	Michael Saunders	AOT	22	Male	Male
37	33:36	John Adams	Westville AC	51	Male	Les Smith	Westville AC		Male	Male
38	33:43	Steven Callaghan	Clifton	15	Male	Dave Saunderson	Westville AC	51	Male	Male
39	33:48	Andy Patterson	Westville AC	60	Male	Cameron Parle	Westville	17	Male	Male
40	34:46	Jeff Speed	Hilton Harriers	59	Male	Dave Fernandes	Hilton Harriers	32	Male	Male
41	35:56	Tony Lewis	GetFit AC	61	Male	Maureen Slack	Westville AC	50	Female	Mixed
42	35:57	Coenraad Walters	AOT	58	Male	Tyrone Holder	AOT	39	Male	Male
43	36:05	Erica Mc Dona	Hillcrest Villagers	56	Female	Anton Storm		34	Male	Mixed
44	36:07	Vanessa Vorster	Chiltern AC	52	Female	Paul Pearce	Westville AC	47	Male	Mixed
45	36:11	Matt Walker	Hilton Harriers	33	Male	Meghan Walker	Hilton Harriers	29	Female	Mixed
46	36:33	Joss Perold	Hillcrest Villagers	36	Male	Fran Gandy	Hillcrest Villagers	36	Female	Mixed
47	36:44	Gary Roberts	GetFit AC	47	Male	Shaun Meyer	GetFit AC	49	Male	Male
48	37:03	Carlo de Oliveira	Westville AC	44	Male	Andrew Atkinson	Westville AC	43	Male	Male
49	37:05	Zolile Mthembu	PDAC	35	Female	Stephen Tegg	PDAC	12	Male	Mixed
50	37:09	Kogie Reddy	Chiltern AC	66	Male	Frankie Cawdry	Chiltern AC	61	Female	Mixed
51	38:22	Stafan Wilmans	Westville AC	49	Male	Michelle Wilmans	Westville AC	49	Female	Mixed
52	39:52	Bongani Khumalo	Run/Walk for Life	44	Male	Themsekile Mthimunye	Run/Walk for Life	20	Female	Mixed
53	40:22	Bobby Smith	PDAC	66	Male	Aby Smith	PDAC	48	Male	Male
54	40:43	Clive Griffiths	Savages	58	Male	David Williams	Savages	66	Male	Male
55	40:46	Noel Saville	Amanzimtoti	75	Male	Cecil Clarke	Amanzimtoti	69	Male	Male
56	41:26	Cade Johansen	Ethekwini AC	10	Male	Denise Johansen	Ethekwini AC	62	Female	Mixed
57	41:49	Soman Naidu	AOT	39	Male	Jeanette Eksteen	AOT	61	Female	Mixed
58	41:53	Andy Watson	Westville AC	71	Male	Susan Smith	Westville AC	63	Female	Mixed
59	53:56	Graham Buck	Westville AC	59	Male	John Mordaunt	Westville AC	50	Male	Male