

**Asics - Highway Ladies Time Trial League - 4km**

**Individual results - Runners**

1	Shelley Young	Chiltern	14:38
2	Asta	HVAC	15:40
3	Robyn Mare	HVAC	15:58
4	Lieketsens	Chiltern	16:09
5	Dawn Nunes	PDAC	16:20
6	Michelle Sims	PDAC	16:39
7	Teneal	PDAC	16:41
8	Amber Tubb	Midlands	16:42
9	Danielle Adlam	Nedbank	17:13
10	Alison Wasserfal	HVAC	17:20
11	Claire Weston	HVAC	17:24
12	Lauren Calenborne	Westville	17:35
13	Janine Parker	HVAC	18:06
14	Taylor Adlam	Nedbank	18:10
15	Kylie G	Westville	18:16

**Clubs on the night (6 in team)**

1	Hillcrest A	102.50
2	PDAC A	105.32
3	Chiltern A	111.16
4	Westville A	115.16
5	Hillcrest B	118.38
6	Kearsney A	123.26
7	PDAC B	127.08
8	Hillcrest C	128.03
9	Forest A	129.37
10	Westville B	133.05
11	Hillcrest D	134.17
12	Chiltern B	137.19
13	Hillcrest E	138.22
14	Hillcrest F	146.57
15	PDAC C	150.09
16	Westville C	150.48
17	Highway A	155.17
18	Hillcrest G	157.13
19	Chiltern C	157.28
20	Forest B	163.50
21	PDAC D	182.03
22	Westville D	182.41
23	Highway B	198.30

**Individual Results - Walkers**

1	Jeanne Le febour	PDAC	26.45	W
2	Tilla Dilhouse	QBH	27.40	W
3	Layle Cathey	PDAC	27.58	W
4	Paula Collect	Highway	28.09	W
5	Sharon Fudis	PDAC	28.36	W

**Clubs on the night (4 in team)**

1	PDAC A	113.35
2	Highway A	122.26
3	PDAC B	126.39
4	Queensburgh A	131.23
5	Highway B	134.06
6	PDAC B	144.01

**Super League**

1	Hillcrest	286
2	PDAC	279
3	Chiltern	270
4	Westville	221
5	Forest	112
6	Kearsney	76
7	Highway	42
8	QBH	22

**Walkers League**

1	PDAC	85
2	Highway	84
3	Queensburgh	34
4		
5		

**Handicap League**

1	PDAC	1458
2	Chiltern	810
3	Kearsney	456
4	Forest	448
5	Highway	294
6	Hillcrest	286
7	Westville	221
8	Queensburgh	132