

**New Balance - Highway Ladies Time Trial League - 4km**

**Individual results - Runners**

1	Asta Kraus	Hillcrest	16:18
2	Lise Muchna	PDAC	16:47
3	Danielle Adlam	Nedbank	16:50
4	Dawn Nunes	PDAC	16:54
5	Teneal Featherby	PDAC	17:00
6	Cary-Ann Smith	Nedbank	17:04
7	Melody Olivier	PDAC	17:11
8	Michelle Sims	PDAC	17:22
9	Tracey Allison	PDAC	17:26
10	Alison Uys	Westville	18:13
11	Fiona Baldwin	PDAC	18:24
12	Claire Weston	Hillcrest	18:35
13	Taya Sterkenburg	Chiltern	18:48
14	Erin Sterkenburg	Chiltern	19:16
15	Ferne Kalamer	PDAC	19:23

**Clubs on the night (6 in team)**

1	PDAC A	102:40
2	Hillcrest A	119:46
3	Chiltern A	120:36
4	PDAC B	121:22
5	Westville A	123:06
5	Westville B	135:23
6	Forest A	136:45
7	Chiltern B	138:08
8	Kearsney A	141:25
9	Hillcrest B	142:20
10	Westville C	143:23
11	Chiltern C	144:27
12	Westville D	147:35
13	PDAC C	150:02
14	Chiltern D	151:46
15	Hillcrest C	155:21
16	Westville E	156:03
17	Highway A	167:14
18	Chiltern E	176:15
19	Westville F	176:58
20	Queensburgh A	181:30
21	PDAC D	182:50
22	Westville G	200:36

**Individual Results - Walkers**

1	Shae Muchna	PDAC	28:00	W
2	Pamela Collett	Highway	28:49	W
3	Layle Cathey	PDAC	29:00	W
4	Sharon Fuchs	PDAC	29:43	W
5	Cecily Fraser	Highway	30:20	W

**Clubs on the night (4 in team)**

1	PDAC A	117:21
2	Highway A	121:54
3	PDAC B	126:39
4	Queensburgh A	140:59
5	Highway B	147:30
6		

**Super League**

1	PDAC	173
2	Hillcrest	158
3	Westville	154
4	Chiltern	185
5	Forest	83
6	Kearsney	44
7	Queensburgh	11
8	Highway	20

**Walkers League**

1	PDAC	52
2	Highway	49
3	Queensburgh	13
4		
5		

**Handicap League**

1	PDAC	928
2	Chiltern	555
3	Forest	332
4	Kearsney	264
5	Hillcrest	158
6	Westville	154
7	Highway	140
8	Queensburgh	66